

INTUITION

— A Newsletter Produced by Mountain Spirit Co-Op —

October/November 2023

Volume 19 Issue 6

SILENT AUCTION online



Silent Auction Coming soon to Facebook.

This is MsHec3's biggest fundraiser of the year. Last year we raised enough

money to offer over a dozen scholarships to those asking for help. We are so blessed to have so many wonderful members, friends and supporters who are willing to donate their time, art and offerings up for the auction. And of course, we could not do this if you wonderful members, friends and supporters didn't bid on the items! So, it is with a full and grateful heart that we open to receive your grace again. Bidding will be on Facebook and open Nov 24th, Black Friday and end midnight Sunday, Dec 10th. Thank you again for your love and support. Together we are healing our community and world one scholarship at a time.



CAROLE SAINTE-MARIE

As a Wisdom Seeker, Carole's first love has been Tarot, a perfect tool to bring answers to life's questions and mysteries, and gain mastery. She became a Tarot teacher and consultant.

She now devotes her time to writing, working in many genres and languages.

Beauty, love, spirituality, and the Goddess are themes inherent to most of her texts. Two of them appear in the anthology Voices of Magic, as well as in its coming sequel.

Mountain Spirit Co-Op

(928) 445-8545 / www.mountainspiritco-op.com

Facebook: www.facebook.com/MountainSpiritCo-Op/

Readers and Practitioners by appointment.

Please note that all event locations are in the event descriptions.



LEEANN ROMINE

LeeAnn Romine has 35 years of experience as a Psychic and Spiritual Advisor, Founder of Soul Radiance ActivationTM method, Founder of Mapmakers AcademyTM, Certified Business Coach, Certified Theta Practitioner, Author

She is an Elite Spiritual Advisor specializing in consciously creating your own reality. She has worked in the world of metaphysics for 3 decades and has a lifetime of experience and wisdom to share. Her focus is on those who are Conscious Leaders making change in our world.



*At the root of all magic: choice.
In the depths of all choice: hope.
Always hidden and sometimes lost,
in the mystery of hope you can uncover
the core, the mystical core of great
magic. Within the depths of that
mystery, within the august depths of
hope: grander love and greater
healing wait for your touch.*

~ Lazaris

www.Lazaris.com

Conscious Choices

Dana Cummins
Peace Ambassador
Metaphysician

(928) 420-2109
ConsciousChoicesAZ@gmail.com
ConsciousChoicesAZ.com



Creating Pathways to Peace...

2023 MSCO MAGICAL MIXERS

MSCO's Magic Mixers - FREE ZOOM EVENT!
2nd Wednesday of every month 5 pm AZ time
<https://us02web.zoom.us/j/85372807069>

MSCO's Magic Mixer October 11th, 2023,
Host Celeste Holly
Natural Wellness and Spiritual Enhancement through
Circadian Health Part 1 with Kristi Judy

Build your LIGHT bodies innately to support your physical wellbeing AND Spiritual Connection!

Learn the foundations that will transform your life in fast, easy, effective and free ways...as if by magic!

Join Kristi Judy, certified in Applied Quantum Biology for Circadian Health, for this truly vanguard presentation and pave the way for your bright and beautiful future!

MSCO's Magic Mixer November 8th, 2023
Host Elizabeth Hyer Rose
Plant Medicine and it's Magic with Vesna Matic

Vesna has traveled the world working with Shamans and Healers from all over. She now enjoys taking small groups to share in the wonders of spirit. She arranges each journey to include time to experience their sacred sights, rituals and traditions. She will be sharing some of what she's witnessed and learned on her travels.

MSCO's Magic Mixer December 13th, 2023
Host Dana Cummins
Natural Wellness and Spiritual Enhancement through
Circadian Health Part 2 with Kristi Judy



Rev. Rebecca Cutehands
Spiritual Guide

awaken the journey within

Indigenous Teachings
Medicine Wheel Ceremonies & Moon Blessings
Intuitive Body Work & Crystal Therapy
Native American Artwork, Weddings, Henna Tattoos
Bus.#928-445-8545/ Cell#928-499-4128
cutehands2@juno.com
www.mountainspiritco-op.com


MSCO'S Magic Mixers (MMM) 2024 Coming soon to a Zoom near you! **Theme "Whispers of the New World"**

January 10th, 2024
Collective Magic for the New World
With LeeAnn Romine

February 14th, 2024
What's Love got to do with it?
With Elizabeth Hyer Rose

March 13th, 2024
Natural Wellness and Spiritual Enhancement through
Circadian Health Part 3
With Kristi Judy

April 10th, 2024
An Evening with your Higher Self
With Janis Rosen



Thank you to Everyone who has supported our non-profit Mountain Spirit Healing and Educational Center!
2023 has been a booming year and we have already surpassed the number of scholarships we gave out last year. Bless you all for your continued support. We couldn't do it without you!

KIDS REVOLUTION

Robin Bersson

(305) 799-3044

Robin.dimensions@gmail.com

team@kidsrevolutionworldwide.com

<http://www.handinghope.org/donate-2/donate-for-kids-revolution-worldwide/>



MsHec3 2023 Partnership Program

Monthly Partnership Programs

- \$11 Monthly ~ Love Partners
- \$33 Monthly ~ Peace Partners
- \$111 Monthly ~ New World Partners
- \$555 Monthly ~ Master Partners
- \$1,000 Monthly ~ Honoree Partners
- \$5,000 Monthly ~ Grand Father Partners
- \$10,000 Monthly ~ Grand Mother Partners

Annual Partnership Programs

- \$111 Annual Practitioner Partners
- \$222 Annual Sponsorship Partners
- \$333 Annual Advertising Partners

"Changing the world one scholarship at a time!"

MsHec3.com



Our Members, Their Offerings, Classes & Products

Follow this link for details on all classes & events, and for more information on our amazing practitioners.

<https://mountainspiritco-op.com/classes-events/>

Robin Bersson ~ Mind, Body, Spirit Revolution & Kid's Revolution. Contact: (305) 799-3044

Robin.dimensions@gmail.com

<https://www.Handinghope.org/donate-2/donate-for-kids-revolution-worldwide/>

Classes: Five Day Hero Quest: Activating the 12 Hero's in You. Coming soon to Zoom.

\$297 value for a \$97 donation to Kids Revolution at

<https://krwpersonalsponsor.carrd.co/> Contact Robin at (305) 799-3044

Kerry Carrillo ~ Stained Glass and Mixed Media Workshops. Contact: sheplayswithcats@gmail.com or (928) 925-3765 <https://mountainspiritco-op.com/kerry-carrillo/> and Private and group classes are available on request.



<https://www.prescottstudiotour.com>

Prescott Area Artist Studio Art Tour - Oct 6th, 7th & 8th
Artist: Kerry Carrillo / My Mind's Eye Creations
Stained Glass demonstration & Sale



Organic (Non-Traditional) Stained Glass Nightlights - November 18th
Offered to anyone that has completed my prerequisite glass class.

Cost: \$55 (all tools & supplies included)

Teacher: **Kerry Carrillo**

<https://www.mymindseyecreations>

Carole Sainte-Marie, Wisdom seeker, Tarot teacher and consultant, author and editor. Contact email lemurian63@yahoo.ca or

<https://mountainspiritco-op.com/carole-sainte-marie/>

Dana Cummins ~ Metaphysical & Spiritual Adventures & Healing. Contact: consciouschoicesaz@gmail.com, <https://mountainspiritco-op.com/dana-cummins/> or (928) 420-2109.

Classes: Metaphysics, Manifesting, Meditation & Ceremonies are available.

November 28th, 2023

If you believe everyone deserves healing and love whether they can afford it or not, please consider donating to MsHec3.



GIVING TUESDAY



Rev. Rebecca Cutehands ~ Indigenous Healer, Teacher and Ceremonialist. Individual and group teachings, ceremonies, weddings, home, and land blessings.

Contact: (928) 499-4128 rcutehands2@gmail.com
<https://mountainspiritco-op.com/rebecca-cutehands/>

Ceremonies:

North Star Teaching - Saturday, October 21st
 from 10am to 7pm. Cost: \$700

Full Moon Celebration - Prayers, Potions, Amulets and Magic - Saturday, October 28th
 from 10am to 7pm. Cost: \$333

Winter Solstice Celebration and Medicine Bag Ceremony - December. Thursday 21st and Saturday 23rd
 from 5:30pm to 9pm. Cost: \$100

Ongoing Classes: Munay-Ki Rites, Medicine Wheel Teachings, Fire that Burns at Your Heart, Water Blessing and Balancing Ceremony. A complete list is on our website.

Joseph Daniel Drew ~ Several Modalities of Energy Work, Reflexology, and Space Clearing. Contact: (928) 830-4030. holistichealing45@gmail.com. Prescott, AZ
<https://mountainspiritco-op.com/joseph-daniel-drew/>



Teri Hitt ~ Website Design, Graphic Design, Video/Film Editing, Musician and Author.

Contact: info@soulsecretservice.org
<https://mountainspiritco-op.com/teri-hitt/>

Products Find her books and album on her bio page in the above link.

Marie Howell ~ Holy Mother Art, Divine Feminine Unique and Eclectic Creations.

Contact: marie@truenorthwisdom.com or (623) 980-9886
<https://mountainspiritco-op.com/marie-howell/>

Classes: Cosmic Smashbooking & Goddess Art Classes
Products Goddess Art some shown on slideshow.

Cindy Holt ~ Reiki, Aromatherapist, RN, Energy Work, Biodynamic Cranialsacral, Silva Method, Ceremonies, Medical Intuition, Emotional Release & much more.

Contact: (928) 273-8576

<https://mountainspiritco-op.com/cindy-holt/>

Classes: Aromatherapy, Silva Method, Guided Imagery, Clearing & Cleansing & more.



Celeste Holly ~ Intuitive Yoga Instructor, Reiki Master & Jewelry Artist.

Contact: ccholly@gmail.com or (920) 858-2966.

<https://mountainspiritco-op.com/celeste-holly/>

Classes:

Gentle Yoga on Zoom. September 5th – November 21st at 5:00 pm PT \$5. Zoom link:

<https://us02web.zoom.us/j/81595728022>

Reiki II Saturday, November 4th, 9 am-1 pm. Cost: \$75,

Bracelet/Earring Making Classes Saturday, November 18th, Cost: \$50,

Reiki III Saturday, December 2nd, 9 am -1 pm Cost: \$75,

Classes: Reiki Certification and Jewelry beading are available on request.



Kristi Judy ~ Empowerment Coach & Magical Conduit

Contact: (928) 713-5540 kristijudy@gmail.com.

<https://mountainspiritco-op.com/kristi-judy/>.

Classes: Relief from Grief, Circadian Fitness, EAV Testing of foods, supplements, etc., Life Empowerment Training, Energy Safety Education & More.

JoLynn Maas ~ Spiritual Counseling & Tarot Reader

Contact: artisticseer@gmail.com or call (480) 227-7287.

<https://mountainspiritco-op.com/jolynn-maas/>

Classes: Tarot, Ceremony & Spirituality upon request.

Vesna Matic ~ Physiologist, Transformational Counselor, Pranic Healer, Shaman, Spiritual Director, Passion Test Facilitator, Spiritual Travel Guide.

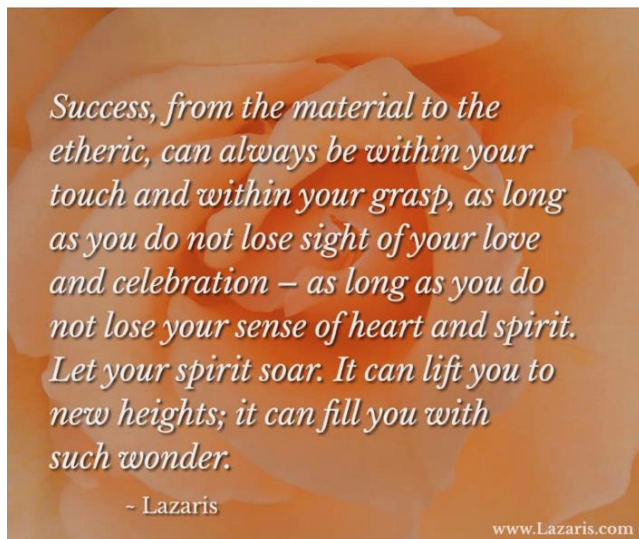
Contact: (928) 244-5998 vesnamw@gmail.com

<https://mountainspiritco-op.com/vesna-matic/>

Jach Pursel ~ Metaphysician, Author, Channel for

Lazaris. Contact: ConceptSynergy@lazaris.com

<https://mountainspiritco-op.com/jach-pursel-3/>



Elizabeth Hyer Rose ~ Quantum Healer and Channel.

Contact: ehr@elizabethhyerrose.com or

(323) 553-2307 (call or text)

<https://mountainspiritco-op.com/elizabeth-hyer-rose/>

LeeAnn Romine, Elite Spiritual Advisor, Psychic, Business Success Specialist, Certified Theta Healer offering Individual Readings, Ongoing Rise Events, Mentoring and Coaching.

Contact (304)483-6720 or leeann@igniteyouglobal.com

<https://mountainspiritco-op.com/leeann-romine/>

Janis Rosin ~ Hypnotherapist, Counsellor, Oil Alchemist, Author, Reiki Master.

Contact: Janis@janisrosen.com, (431) 336-3679,

<https://mountainspiritco-op.com/janis-rosen/>

Products: Oil Blends, Perfumes & Skin Care.



Jion Sommer ~ Living Proof Naturally offers Reiki & Meditation teaching, Whole Food Plant-based Nutrition Certified Professional, Center for Nutritional Studies. Contact: (928) 830-6888.

LivingProofNaturally@gmail.com <https://mountainspiritco-op.com/jion-sommer/>

Carole Sainte-Marie, Wisdom seeker, Tarot teacher and consultant, author and editor.

Contact email lemurian63@yahoo.ca or

<https://mountainspiritco-op.com/carole-saite-marie/>

Dani Yanssens ~ Transformational Coach, Skilled Money Mindset Guide. Contact: (586) 549-7300 or Yanssensd@gmail.com <https://mountainspiritco-op.com/dani-yanssens/>

Classes on Financial Freedom & Money Mindset.



Documentaries that offer powerful information on healings and teachings from around the world including **Rebecca Cutehands** on Amazon Prime and YouTube, titled: **Life to Afterlife: Tragedy by Design**, and **Life to Afterlife: The Healers**.

FACEBOOK PAGES AND GROUPS

Mountain Spirit Co-Op

<https://www.facebook.com/MountainSpiritCoOp>

MsHec3

<https://www.facebook.com/mountainspirithealingandeducationalcenter>

YouTube

<https://www.youtube.com/@mscomountainspiritco-op9026?app=desktop>

Mountain Spirit Co-Op

<https://www.facebook.com/MountainSpiritCoOp>



Events at a Glance

Meditation Group ~ Pain Relief Technique

Monday's, 11am Suggested Donation \$30
Jion Sommer (928) 830-6888

Rise Event ~ Free Event

3rd Monday every month. Registration is required.
Leeann Romine Facebook link:
<https://www.igniteyouglobal.com/riseregistration>

Facebook Mystic Magnetic ~ Free Event

Every Monday 3:33pm EST
<https://www.facebook.com/LeeAnnRomine>

Gentle Yoga on Zoom ~ Suggested Donation \$5

Tuesday's September 5th - November 21st at 5:00pm PT
Celeste Holly Zoom link:
<https://us02web.zoom.us/j/81595728022>

Meditation Group ~ Sitting & Walking Meditation

Wednesday's 6pm Suggested Donation \$20
Jion Sommer (928) 830-6888

Prescott Area Artist Studio Art Tour ~ Oct 6th, 7th & 8th

Artist: Kerry Carrillo /My Mind's Eye Creations
Stained Glass demonstration & Sale
<https://www.prescottstudiotour.com>

MSCO's Magic Mixer

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<https://us02web.zoom.us/j/85372807069>

North Star Teaching

Saturday, October 21st from 10am to 7pm. Cost: \$700
Rebecca Cuthands (928) 499-4128

Full Moon Celebration

Prayers, Potions, Amulets and Magic

Saturday, October 28th from 10am to 7pm. Cost: \$333
Rebecca Cuthands (928) 499-4128

Reiki II Training

Saturday, November 4th, 9am- 1pm, Cost: \$75
Celeste Holly at (920)858-2966 or ccholly@gmail.com

MSCO's Magic Mixer

November 8th, 2023, Host Elizabeth Hyer Rose
Plant Medicine and it's Magic with Vesna Matic
<https://us02web.zoom.us/j/85372807069>

Bracelet/Earring Making Classes

Saturday, November 18th, Cost: \$50
Celeste Holly at (920) 858-2966 or ccholly@gmail.com

Organic (Non-Traditional) Stained Glass Nightlights

November 18th, Cost: \$55 (all tools & supplies included)
Kerry Carrillo <https://www.mymindseyecreations>

Sacred Plant Medicine & Despacho Ceremony

Saturday, Nov 18th 12:30pm -3:30pm \$197
Vesna Matic (928) 421-9160

Silent Auction for MsHec3

November 17th - December 10th
<https://www.facebook.com/MountainSpiritHealingandEducationalCenter>

Reiki III Training

Saturday, December 2nd, 9am -1pm Cost: \$75
Celeste Holly at (920)858-2966 or ccholly@gmail.com

MSCO's Magic Mixer

December 13th, 2023, Host Dana Cummins
Natural Wellness and Spiritual Enhancement through
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<https://us02web.zoom.us/j/85372807069>

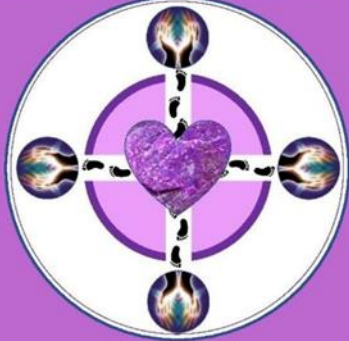
Winter Solstice Celebration and Medicine Bag Ceremony

December, Thursday 21st and Saturday 23rd from
5:30pm to 9pm Cost: \$100
Rebecca Cuthands (928) 499-4128



Mountain Spirit Healing & Educational Center AKA MsHec3 Project

A Non-Profit Organization



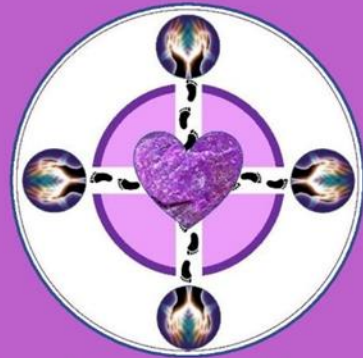
Are you at the Crossroads of
Change?

Services Offered

Body Work
Classes & Workshops
Polarity & Craniosacral Therapy
Metaphysical & Indigenous Teachings
Crystal & Sound Therapy
Yoga & Mindful Practices
Spiritual Counseling
Intuitive Readings

←—————→
Funding offered to those who qualify

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“In order to have sustainable community,
you have to make sure the people are
sustainable. This means healing trauma.”
Jarmbi Githabul

Are you an ambassador of love, healing and
peace for your family, your community and
your world?

Then **please donate** today to MsHec3 where
change, healing and awareness IS happening
and affecting all of us Universally.

Donations are tax deductible



With Dignity, Respect, Integrity and
Compassion we reach out to people of ALL
races, religions, genders, and belief systems.

MsHec3
P.O. Box 11553
Prescott, AZ 86304
(928) 421-3399
MsHec3.com
 MsHec3

MsHec3 Project Mission

“Dedicated to co-creating
and preserving healthy
relationships with
ourselves, each other, and
our planet through healing
and educational services.

MsHec3 Board of Directors

Dana Cummins
(928) 420-2109
Rebecca Cuthands
(928) 499-4128
Celeste Holly
(920) 858-2966
Sam Howell
(623) 980-9885
Dani Yansans
(586) 549-7300
Erin Kampa
(203) 893-2778

MsHec3

Contact Information:

MsHec3.com
MsHec3@gmail.com
(928) 421-3399

For Events, Information, FB, Donations

Please check out MsHec3's
Website: MsHec3.com
YouTube: youtube.com/
@mscomountainspiritco-op9026